

Kursplan

20.05.2019 - 26.05.2019

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Montag 20.05.2019	Dienstag 21.05.2019	Mittwoch 22.05.2019	Donnerstag 23.05.2019	Freitag 24.05.2019	Samstag 25.05.2019	Sonntag 26.05.2019
<p>09:30 - 10:30 LesMills BODYPUMP</p> <p>10:30 - 11:30 Pilates</p> <p>18:00 - 19:00 LesMills BODYPUMP</p> <p>18:15 - 18:30 Bauchtraining inten...</p> <p>18:30 - 18:50 Functional Workout</p> <p>19:10 - 20:10 Indoor Cycling</p> <p>19:30 - 19:45 Bauchtraining inten...</p> <p>19:45 - 20:05 Functional Workout</p> <p>20:15 - 21:15 Zumba</p>	<p>18:15 - 18:30 Bauchtraining inten...</p> <p>18:30 - 18:50 Functional Workout</p> <p>18:40 - 19:40 Bodystyling</p> <p>19:30 - 19:45 Bauchtraining inten...</p> <p>19:45 - 20:45 Zumba</p> <p>19:45 - 20:05 Functional Workout</p>	<p>09:30 - 11:30 KANGA</p> <p>18:00 - 19:00 Indoor Cycling</p> <p>18:15 - 18:30 Bauchtraining inten...</p> <p>18:30 - 18:50 Functional Workout</p> <p>19:00 - 20:00 Zumba</p> <p>19:30 - 19:45 Bauchtraining inten...</p> <p>19:45 - 20:05 Functional Workout</p>	<p>09:30 - 10:30 LesMills BODYPUMP</p> <p>10:30 - 11:30 Rückenfit</p> <p>18:00 - 19:00 Yoga</p> <p>18:15 - 18:30 Bauchtraining inten...</p> <p>18:30 - 18:50 Functional Workout</p> <p>19:05 - 20:05 LesMills BODYPUMP</p> <p>19:30 - 19:45 Bauchtraining inten...</p> <p>19:45 - 20:05 Functional Workout</p> <p>20:10 - 21:10 THAI BO Daniele</p>	<p>17:30 - 18:30 Bodystyling</p> <p>18:30 - 19:30 Indoor Cycling</p>		<p>10:30 - 11:30 Sonntags-Surprise*</p>

Basic

Premium

Stand: 25.05.2019