

Kursplan

10.12.2018 - 16.12.2018

Renningen
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Montag 10.12.2018	Dienstag 11.12.2018	Mittwoch 12.12.2018	Donnerstag 13.12.2018	Freitag 14.12.2018	Samstag 15.12.2018	Sonntag 16.12.2018
<p>09:30 - 10:30 LesMills BODYPUMP</p>	<p>18:15 - 18:30 Bauchtraining inten...</p>	<p>09:30 - 11:30 KANGA</p>	<p>09:30 - 10:30 LesMills BODYPUMP</p>	<p>17:30 - 18:30 Bodystyling</p>		<p>10:30 - 11:30 Sonntags-Surprise*</p>
<p>10:30 - 11:30 Pilates</p>	<p>18:30 - 19:30 Bodystyling</p>	<p>18:00 - 19:00 Indoor Cycling</p>	<p>10:30 - 11:30 Rückenfit</p>	<p>18:30 - 19:30 Indoor Cycling</p>		
<p>18:00 - 19:00 LesMills BODYPUMP</p>	<p>18:30 - 19:30 Functional Workout</p>	<p>18:15 - 18:30 Bauchtraining inten...</p>	<p>18:00 - 19:00 Yoga</p>			
<p>18:15 - 18:30 Bauchtraining inten...</p>	<p>19:30 - 19:45 Bauchtraining inten...</p>	<p>18:30 - 19:30 Functional Workout</p>	<p>18:15 - 18:30 Bauchtraining inten...</p>			
<p>18:30 - 19:30 Functional Workout</p>	<p>19:30 - 20:30 Zumba</p>	<p>19:00 - 20:00 Zumba</p>	<p>18:30 - 19:30 Functional Workout</p>			
<p>19:00 - 20:00 Indoor Cycling</p>	<p>19:45 - 20:05 Functional Workout</p>	<p>19:30 - 19:45 Bauchtraining inten...</p>	<p>19:00 - 20:00 LesMills BODYPUMP</p>			
<p>19:30 - 19:45 Bauchtraining inten...</p>		<p>19:45 - 20:05 Functional Workout</p>	<p>19:30 - 19:45 Bauchtraining inten...</p>			
<p>19:45 - 20:05 Functional Workout</p>			<p>19:45 - 20:05 Functional Workout</p>			
<p>20:00 - 21:00 Zumba</p>						

Basic

Premium

Stand: 10.12.2018