

Kursplan

10.12.2018 - 16.12.2018

Böblingen
 Wolf-Hirth-Str. 36
 71034 Böblingen
 07031 465 56 06
 info@fitnessexpress-clubs.de



Montag 10.12.2018	Dienstag 11.12.2018	Mittwoch 12.12.2018	Donnerstag 13.12.2018	Freitag 14.12.2018	Samstag 15.12.2018	Sonntag 16.12.2018
<div style="background-color: #FFD700; padding: 5px;">10:30 - 11:30 Rückenfit</div> <div style="background-color: #FFD700; padding: 5px;">18:00 - 19:00 Yoga</div> <div style="background-color: #A9A9A9; padding: 5px;">18:15 - 18:30 Bauchtraining inten...</div> <div style="background-color: #A9A9A9; padding: 5px;">18:30 - 19:30 Functional Workout</div> <div style="background-color: #FFD700; padding: 5px;">19:00 - 20:00 LesMills BODYPUMP</div> <div style="background-color: #A9A9A9; padding: 5px;">19:30 - 19:45 Bauchtraining inten...</div> <div style="background-color: #FFD700; padding: 5px;">20:00 - 21:00 Indoor Cycling</div>	<div style="background-color: #FFD700; padding: 5px;">18:00 - 19:00 Body Workout</div> <div style="background-color: #A9A9A9; padding: 5px;">18:15 - 18:30 Bauchtraining inten...</div> <div style="background-color: #FFD700; padding: 5px;">19:00 - 20:00 Indoor Cycling</div> <div style="background-color: #A9A9A9; padding: 5px;">19:30 - 19:45 Bauchtraining inten...</div> <div style="background-color: #FFD700; padding: 5px;">20:00 - 21:00 Zumba</div>	<div style="background-color: #FFD700; padding: 5px;">09:30 - 10:30 LesMills BODYPUMP</div> <div style="background-color: #FFD700; padding: 5px;">10:30 - 11:30 Pilates</div> <div style="background-color: #A9A9A9; padding: 5px;">18:15 - 18:30 Bauchtraining inten...</div> <div style="background-color: #FFD700; padding: 5px;">18:30 - 19:30 LesMills BODYPUMP</div> <div style="background-color: #A9A9A9; padding: 5px;">19:30 - 19:45 Bauchtraining inten...</div> <div style="background-color: #FFD700; padding: 5px;">19:30 - 20:30 Body-Combat</div>	<div style="background-color: #FFD700; padding: 5px;">09:30 - 11:30 KANGA</div> <div style="background-color: #A9A9A9; padding: 5px;">18:15 - 18:30 Bauchtraining inten...</div> <div style="background-color: #FFD700; padding: 5px;">18:30 - 19:30 Zumba</div> <div style="background-color: #FFD700; padding: 5px;">18:30 - 19:30 Functional mit ALEK...</div> <div style="background-color: #FFD700; padding: 5px;">19:30 - 20:30 Body Workout</div> <div style="background-color: #A9A9A9; padding: 5px;">19:30 - 19:45 Bauchtraining inten...</div>	<div style="background-color: #FFD700; padding: 5px;">18:30 - 19:30 LesMills BODYPUMP</div> <div style="background-color: #FFD700; padding: 5px;">19:30 - 20:30 Body-Combat</div>	<div style="background-color: #FFD700; padding: 5px;">16:00 - 17:00 Functional mit ALEK...</div>	<div style="background-color: #FFD700; padding: 5px;">10:30 - 11:30 Sonntags-Surprise*</div>

Basic

Premium

Stand: 10.12.2018